

Uncovering Costa Rica's Timeless Magic 7-DAY ADVENTURE

Aug. 27 | Oct. 9 |
Nov. 9 | Dec. 17
2025



CHASING PARADISE: A 7-DAY ADVENTURE

Welcome to Costa Rica – where every moment is Pura Vida! Kick off your 7-Day adventure with a journey to the inspiring Arenal Volcano, rising proudly from lush rainforest. Wander through the vibrant town of Sarchí, famous for its hand-painted oxcarts and artisan treasures. Drift along the Rio Frio on a wildlife-packed boat tour, where monkeys swing and exotic birds soar. Dive deeper into nature with a thrilling hike through Arenal National Park, where panoramic volcano views will take your breath away. Refuel with a delicious traditional Costa Rican lunch, then awaken your senses with a visit to a local coffee farm – the perfect way to end a day full of flavor, color, and wonder.



Day 1

DEPART FOR COSTA RICA

- **Departure for Costa Rica:** Begin your journey to the lush and vibrant country of Costa Rica.
- **Arrival in San Jose:** Land in the capital city and experience your first glimpse of this tropical paradise.
- **Hotel Transfer:** Travel comfortably from the airport to your hotel in San José.
- **Rest and Relaxation:** Unwind after your flight and recharge for the exciting days ahead.
- **Welcome to “Pura Vida”:** Embrace the laid-back lifestyle and positive spirit that Costa Rica is famous for.
- **Overnight:** San Jose



TRAVEL TO ARENAL

- **Morning Departure to Arenal:** Begin your journey to the scenic Arenal region, known for its iconic volcano and lush landscapes.
- **Scenic Drive:** Enjoy picturesque views of coffee and sugarcane plantations along the way.
- **Stop in Sarchí:** Visit the artisan town famous for its vibrant, hand-painted oxcarts and local crafts.
- **Evening Orientation:** Meet your Tour Manager for a welcome briefing and trip overview.
- **Group Dinner:** Share your first dinner with fellow travelers and start soaking in the Costa Rican culture.
- **Overnight:** Arenal
- **Meals:** Breakfast & Dinner



Day 3

CANO NEGRO EXPLORATION

- **Rio Frio Boat Tour:** Cruise down the Rio Frio and discover the rich biodiversity of the surrounding wetlands.
- **Wildlife & Nature Exploration:** Learn about the unique plants and animals native to the region from your guide.
- **Evening at Eco Termales (Optional):** Unwind in natural hot springs surrounded by lush rainforest. (with dinner)
- **Overnight:** Arenal
- **Meals:** Breakfast, Lunch



ECO TERMALES HOT SPRING (OPTIONAL)

- **Relax in Eco Termales Hot Springs:** Soak in the soothing natural hot springs surrounded by the serene beauty of Costa Rica's rainforest.
- **Dinner in a Tranquil Setting:** Savor a delicious meal while enjoying the calm and peaceful ambiance of the hot springs environment.



Day 4

ARENAL NATIONAL PARK, TRAVEL TO MONTEVERDE

- **Morning Hike in Arenal National Park:** Enjoy a brisk two-mile hike while discovering the region's diverse flora and fauna with your guide.
- **Volcano Views:** Take in stunning views of the iconic Arenal Volcano during your nature walk.
- **Journey to Monteverde:** Continue your adventure with a scenic drive to the cloud forest region of Monteverde.
- **Brewery Tour (Optional):** Get an insider look at Monteverde's craft beer scene on a behind-the-scenes brewery tour.
- **Overnight:** Monteverde
- **Meal:** Breakfast, Lunch



MONTEVERDE BREWERY TOUR (OPTIONAL)

- **Dive into Monteverde's Craft Beer Scene:** Learn about the unique flavors and styles that define local brewing in the region.
- **Behind-the-Scenes Brewery Tour:** Get an exclusive look at the brewing process, from fermentation to bottling.
- **Meet the Makers:** Hear insights and stories from the passionate brewers behind Monteverde's craft creations.
- **Dinner at the Brewery:** Wrap up the evening with a hearty meal and a taste of local brews in a cozy brewpub setting.



FULL DAY IN MONTEVERDE

- **Morning at Leisure:** Enjoy a relaxed start to your day with free time to explore Monteverde at your own pace.
- **Optional Adventure Tours:** Choose to join exciting excursions like the Selvatura Canopy and Hanging Bridges for a thrill above the treetops.
- **Traditional Costa Rican Lunch:** Savor a delicious local meal as you prepare for an afternoon of cultural exploration.
- **Coffee Farm Tour:** Visit a traditional coffee farm to learn how Costa Rica's famous beans are grown and why coffee is vital to the country's economy.
- **Evening Dinner in Monteverde:** Wind down the day with a flavorful dinner in the cool, misty atmosphere of Monteverde.
- **Overnight:** Monteverde
- **Meals:** Breakfast, Lunch & Dinner



A person wearing a white helmet and a green shirt is ziplining through a dense, lush green forest canopy. The person is suspended in the air, holding onto the zipline handle. The background is filled with vibrant green foliage and trees, creating a sense of being deep within a tropical forest. The overall scene is bright and adventurous.

SELVATURA CANOPY TOUR (OPTIONAL)

- **Selvatura Canopy Adventure:** Embark on one of Costa Rica's top zipline experiences, soaring high above the treetops of the Monteverde Cloud Forest.
- **Immersive Nature Experience:** Glide through the canopy and enjoy a thrilling perspective of the forest's lush biodiversity and breathtaking views.

The background of the entire page is a photograph of a suspension bridge made of wooden planks and wire mesh, stretching into the distance through a dense, green forest. The bridge has dark metal railings on both sides. The image is slightly blurred, giving a sense of depth and immersion in the natural environment.

SELVATURA HANGING BRIDGES TOUR (OPTIONAL)

- **Selvatura Hanging Bridges Tour:** Embark on a scenic walk through the Monteverde Cloud Forest on a network of suspension bridges high above the forest floor.
- **Explore the Canopy:** Traverse eight hanging bridges that offer a bird's-eye view of the lush jungle and its diverse ecosystems.
- **Immersive Nature Experience:** Witness the incredible biodiversity of the cloud forest, from colorful birds to unique plant species, in a peaceful, elevated setting.
- **Unforgettable Views:** Enjoy panoramic sights of the forest canopy that can't be seen from the ground, making this a truly memorable eco-adventure.

Day 6

TRAVEL TO SAN JOSE

- **Return to San Jose:** Journey back to the capital city, wrapping up your adventure through Costa Rica's diverse landscapes.
- **San José City Tour:** Explore the highlights of Costa Rica's vibrant capital, including historical landmarks and local culture.
- **Farewell Dinner:** Enjoy a final dinner with your group, reflecting on the unforgettable experiences of your trip.
- **Overnight:** San Jose
- **Meals:** Breakfast & Dinner



Day 7

DEPARTURE FROM COSTA RICA


- **Transfer to the Airport:** Head to the airport for your flight back home, reflecting on your Costa Rican adventure.
- **Final Views of San Jose:** Enjoy a last glimpse of the capital city and its surroundings as you make your way to the airport.
- **Departure Flight:** Board your flight, taking with you unforgettable memories from your Costa Rica journey.
- **Arrive Home:** Safely return home, carrying the vibrant spirit of "Costa Rica" with you.
- **Meal:** Breakfast

TOUR COST

\$1,295.00 Twin Share / person

+\$595.00

Single Supplement



As you bid farewell to Costa Rica, take with you the treasured memories of an unforgettable journey—where vibrant traditions, thrilling adventures, and top-notch hospitality came together perfectly. Head back to the Airport for your departure, carrying all the excitement, stunning experiences, and cherished moments from your adventure!

This itinerary truly captures the essence of the Costa Rica, blending cultural immersion with local culinary adventures, ensuring that your journey was both enriching and memorable. Safe travels!

T2F TOURS

Costa Rica Itinerary Summary

Day 1: Depart for Costa Rica

Day 2: Travel to Arenal

Day 3: Cano Negro exploration; EcoTermales Hot Springs with dinner (Optional Tour)

Day 4: Arenal National Park, Travel to Monteverde; Monteverde Brewery Tour with dinner (Optional Tour)

Day 5: Full Day in Monteverde; Selvatura Canopy & Selvatura Hanging Bridges Tours (Optional Tours)

Day 6: Travel to San Jose

Day 7: Departure from Costa Rica



INCLUSIONS:

- ✓ Hotel taxes, fees & service charges
- ✓ Hotel portorage
- ✓ All transfers included only with airfare purchase on package arrival & departure dates†
- ✓ Sightseeing per itinerary in modern air-conditioned motor coach
- ✓ Services of English-speaking tour manager throughout
- ✓ Entrance fees per itinerary
- ✓ Comfortable wireless earphones for enhanced touring

Accommodations & Meals

- ✓ 6 nights accommodations
 - 2 nights at 4* Crowne Plaza San Jose La Sabana or similar
 - 2 nights at 3* Arenal Volcano Inn or similar
 - 2 nights at 4* El Establo Hotel - Monteverde or similar
- ✓ 11 meals: 6 breakfasts, 3 lunches, 3 dinners

Optional Tours

- ✓ Eco Termales Hot Springs with dinner
- ✓ Monteverde Brewery Tour with Dinner
- ✓ Selvatura Canopy Tour (AM)
- ✓ Selvatura Hanging Bridges Tour (AM)

EXCLUSIONS:

- ✓ Optional tours (if any)
- ✓ Sightseeing activities not mentioned in the itinerary
- ✓ Personal expenses like tips, laundry, phone calls, etc.
- ✓ All domestic and international airfares
- ✓ Early and late hotel check-ins
- ✓ Visa fees and travel insurance
- ✓ Hotel Security/incidentals
- ✓ All Domestic & International Flights

TERMS AND CONDITIONS:

Welcome to T2F Tours! We are thrilled that you are considering booking your next adventure with us. Before you dive into planning your dream trip, we want to ensure that you have a clear understanding of the terms and conditions that govern our services. These terms are designed to protect both you, the traveller, and us, the travel company, and to ensure that your journey with us is as smooth and enjoyable as possible. By booking a trip with T2F Tours, you agree to abide by the following terms and conditions. Please take a moment to read through them carefully. Your safety, satisfaction, and enjoyment are our top priorities, and we're committed to providing you with an unforgettable travel experience.

- The above is only a quote, and no bookings have been made as yet.
- All packages are subject to availability at the time of booking.
- Itinerary may vary slightly based on weather or operational considerations.
- Prices are based on current exchange rates and may change.
- The package cost is based on a minimum of 2 adults traveling together at all times.
- A passenger below 12 years is considered as a child and above 12 years as an adult.
- Infant costs may be chargeable at certain hotels.
- Surcharges may apply during holidays, conventions, special events, festivals, trade fairs, blackout dates, etc.
- Should any of the following change, a new quote will need to be provided: date of travel, number of guests, accommodation type, duration of stay, and vehicle size.
- The above is a tentative proposed itinerary. The final itinerary will be provided after confirmation of the tour.
- On certain days, due to unavoidable circumstances, we may need to amend or reverse the itinerary. However, all services and inclusions will remain the same.
- Timings and schedules are subject to change without notice.
- Tours and transfers will depart strictly as per the time mentioned in the final itinerary. Please be advised accordingly, as no delays will be permitted under any circumstances. Should the client be late, the tour or transfer will depart without them, no refunds will be provided, and alternative arrangements will incur an extra cost.
- All transfers quoted are 'direct' transfers; any stops or deviations en route will incur an additional cost.
- Please check all inclusions, as any additions will incur extra charges.
- It is customary for certain hotels to request a credit-card deposit upon check-in to cover incidental charges. Unused funds will be refunded upon check-out. Some hotels may accept a cash deposit, but this cannot be guaranteed. It is the client's responsibility to reverse the credit card charge upon check-out.
- For single travelers without family, a room must be shared on a twin or triple sharing basis. If no other single traveler is available, a single supplement cost will apply.
- Requests for specific room types (interconnecting, adjacent, same floor, etc.) are subject to availability. Most hotel check-in times are between 14:00–15:00 and check-out times between 11:00–12:00.
- The quote is based on specific hotels which may be subject to change. If unavailable, alternatives will be suggested with any price difference payable by the client.

TERMS AND CONDITIONS: (continuation)

- Requests for specific hotels within the available category are subject to availability. T2F Tours reserves the right to finalize hotel selection.
- All confirmations are subject to availability at the time of booking.
- Rates are subject to change due to factors beyond our control (e.g., fuel increases, government regulations).
- The quote is based on specific hotels which may be subject to change. If unavailable, alternatives will be suggested with any price difference payable by the client.
- Requests for specific hotels within the available category are subject to availability. T2F Tours reserves the right to finalize hotel selection.
- All confirmations are subject to availability at the time of booking.
- Rates are subject to change due to factors beyond our control (e.g., fuel increases, government regulations).
- No refund is applicable for events beyond control like airport closures, delays, natural calamities, etc.
- Cancellation policy applies to passengers with granted visas who cancel due to their travel companion's visa issues.
- All bank charges are the client's responsibility. Exchange rate is subject to change at time of payment.
- Rates, itineraries, and payment terms comply with RBI regulations and are subject to change.
- All previous quotes are null and void.
- It is deemed that the client has read, understood, and accepted our terms and conditions.

BOOKING & PAYMENT POLICY

- To reserve your seat, a registration deposit of 30% of the tour cost must be paid in advance. Registration deposit will not be refunded under any circumstances. You have booked a group tour where T2F TOURS is required to book services like hotels, airlines, etc., in advance.
- 50% of the total package cost must be paid after visa submission.
- Full and final settlement to be paid 60 days before departure.

CANCELLATION POLICY

Days Prior to Departure

Above 60 days
31 to 60 days
0-30 days

Cancellation Fee Applicable on Amount Paid (Per Person)

25%
50%
100%

NOTES:

- **Passport information must be submitted to T2F Tours at least 60 days prior to departure.**
- **Passports must be valid for 6 months from the date of departure and tour completion.**
- **The route and program may vary due to weather, seasonal, or safety conditions.**
- **All prices are based on basic room categories unless specified.**
- **Children under 12 on return flight date are considered children; below 24 months are infants.**
- **Triple rooms include a sofa or rollaway bed as available. No extra cot is provided.**
- **AC or air cooling depends on local authority regulations. Some hotels may not have AC.**
- **Transfers are based on sedan vehicles; 1 check-in bag (22 kg.) + 1 hand luggage (7 kg.) per person allowed.**
- **Extra luggage will require an additional vehicle at extra cost.**
- **Security alerts or closures may affect the itinerary. T2F Tours cannot be held responsible.**

Thank you for taking the time to review our travel terms and conditions. We understand that these guidelines may seem extensive, but they are essential to ensuring a smooth and enjoyable travel experience for you and all our customers. Please read these terms and conditions carefully before booking your trip. By booking with us, you acknowledge that you have read, understood, and agree to be bound by these terms and conditions. At T2F Tours, we are committed to providing exceptional service and assisting you every step of the way. Once again, thank you for choosing T2F Tours and we look forward to welcoming you on board and creating unforgettable memories together.



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We appreciate your patronage and value the trust you place in us.

